

Basic technology required

Internet Access

A stable internet connection good enough to watch videos or connect to a video chat is required.

Device for Video Calls




At least one of the following options must be available to complete your appointment via video:

- A PC or Mac computer with a camera, microphone and speaker
- A laptop (with a camera, microphone, and speaker embedded or attached)
- iPhone/iPad or Android smartphone/tablet

Email Address

An email address is required. The email will be used to receive instructions from **do-not-reply-otninvite@otn.ca** on how to test the device, prepare for and connect to the video visit.

Do you meet all three requirements above?

Yes!	No...
<p> Congrats, you seem to be eligible!</p> <ul style="list-style-type: none"> • Get the “Your Virtual Visit Appointment” handout from your health care provider. • Find a private location for your video visit, where you and your provider will not be disturbed. • Visit otn.ca/video-evisit-help/ to learn how to prepare for or join your appointment. 	<p> Sorry, you’re not ready yet.</p> <div style="background-color: #f0f0f0; padding: 5px; margin-bottom: 10px;"> <p> If you are technically ineligible but are contagious or have been instructed to self isolate, please contact your health care provider directly to make an alternate appointment.</p> </div> <ul style="list-style-type: none"> • Find someone in your social network who has used video calling tools before such as Skype, FaceTime, Google Hangout etc. to help you out. • It may be possible for you to attend your appointment at a nearby health care facility that hosts patients for video visits. Ask your health care provider if this is applicable for your situation.